

# Best energy saving tips.

Reduce your energy usage—not your comfort—and potentially lower your bills with these quick checks.



## HEATING AND COOLING

- Keep your thermostat set to energy-efficient temperatures.
  - 18–20°C in winter\*. Stay warm—bundle up in extra clothing and blankets.
  - 25–27°C in summer\*. Keep cool—close your curtains and blinds.
- Turn your air conditioner off if the room is empty, no one is home and overnight when everyone is asleep.
- Consider upgrading to an energy-efficient reverse-cycle air conditioner for year-round comfort. Find out more at [actewagl.com.au/upgrade](https://actewagl.com.au/upgrade)
- Automate the process. If there's a timer, set it.

## WATER HEATING

- Reduce the temperature setting of your hot water system to 60°C. If you have an instantaneous system, check it's set no higher than 50°C.
- Check there are no leaks from your hot water system and insulate hot water tanks and pipes to minimise heat loss.
- Consider upgrading your hot water system if it's older than 10 years. Find out more at [actewagl.com.au/upgrade](https://actewagl.com.au/upgrade)
- Switch to an energy-efficient shower head and make short showers a habit.
- Reflect and change your habits.
  - Reduce how much hot water you use.
  - Wash laundry and dishes in cold water.

## ENERGY-EFFICIENT APPLIANCES

- Re-think your usage.
  - Wash full loads of laundry and dishes.
  - Switch off non-essential appliances at the wall when you're not using them.
  - Use nature—dry clothes outside and air dry your dishes.
  - Use the microwave instead of the oven.
- Work your fridge and freezer smarter, not harder.
- Check your temperature settings aren't too low. Fridges should be 3–5°C and freezers between –15––18°C.
- Check your fridge and freezer door seals.
- Consider getting rid of any second or unused fridges through the Fridge Buyback Program. Find out more at [actewagl.com.au/fridgebuyback](https://actewagl.com.au/fridgebuyback)

## LIGHTING

- Go natural. When the sun is shining, open the blinds.
- Switch it off. Switch it up. Switch it out.
  - Turn off lights when you're not using them. Use motion detectors in unoccupied areas like the garage.
  - Use more lamps inside and install solar lights outside.
  - Consider changing to energy-efficient lights—LED bulbs, fluorescent tubes and the lowest wattage bulb for the room's lighting needs.